The Victim Assistance Network can help if:



- You have been sexually assaulted and you don't know what to do.
- A family member or friend has been sexually assaulted and you want to know how to help them.
- You were assaulted some time ago and are now having difficulty because of this past trauma.
- You are in a relationship in which you are being abused physically and/or emotionally.
- You have ended a relationship and you are being harassed or stalked.
- You have separated from an abusive partner and need help making the transition.

24-HOUR HOTLINE 703-360-7273 TTY 703-435-1235

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. To request this information in an alternate format, call 703-324-5870; TTY 703-222-9452.

and Sexual Violence Services Fairfax County Department of Family Services

Suite 318



Fairfax County Department of Family Services

Office for Women & Domestic and Sexual Violence Services



VICTIM ASSISTANCE NETWORK

Encouraging responsibility, healthy choices, and hope.

What is domestic/family violence?

In domestic or family violence, one person attempts to control or hurt another through actions or threats that can include physical, sexual, verbal or psychological abuse. People of all ages, income levels, faiths, sexual orientation, gender and education levels can experience domestic or family violence.

What is sexual violence?



Sexual violence is the general term used to explain any act of a sexual nature where a person is force, threatened, or intimidated into engaging in the activity without her/his permission. Some examples of this are rape, forced sodomy, sexual harassment, and indecent exposure.

How do you know if you are being abused?

- You receive or are threatened with physical injury or unwanted sexual activity.
- You are being pushed, slapped, shoved, or otherwise assaulted.
- You are being denied the necessities of living, such as food, shelter, or personal belongings.
- Your physical movements and freedom are restricted.
- You are frequently criticized or "put down."
- You are made to feel you deserve the abuse.

VAN services include:



Counseling

Telephone counseling is available 24 hours a day through our hotline. Individual counseling is available for survivors of sexual or domestic violence. Telephonic interpreters available for hotline calls in any language.

Support Groups

Groups are available for survivors of sexual assault, domestic abuse, and for parents whose children have been sexually assaulted.

Hospital Accompaniment

For victims of sexual and domestic violence.

Information

Current information on the medical, legal, and psychological aspects of sexual assault and domestic abuse is available.

Referrals

Linking clients to any additional needed services. These include social services, legal referrals, job counseling, information on housing, and many others.

Education

Violence prevention and education programs are available for community groups, organizations, schools, and any other interested parties.

Consultation and Training

Available for professionals who may deal with victims and their families in the course of their work.

How you can help.

- Become a volunteer. If you are interested in being trained to work on our 24-hour hotline or to volunteer with our program in some other way, call 703-360-7273; TTY 703-435-1235 for more information.
- Sponsor an educational program. VAN provides educational programs about preventing sexual assault and domestic abuse. To learn more, or to sponsor a program for your organization, call 703-360-7273: TTY 703-435-1235.
- Add your voice to the Friends of VAN, a 501(c)3 organization that provides assistance to VAN and its clients. For more information, call 703-836-2561; TTY 711.

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